



# NEW HEART BEAT DEVOTIONS

## Watchman

The WATCHMAN™ is a small parachute-shaped device about the size of a quarter that prevents blood clots from forming in the left atrial appendage (LAA). The LAA is a small pouch that extends from the heart's upper left heart chamber (atrium). Studies show that the WATCHMAN device is as effective at preventing blood clots from forming in the left atrial appendage as blood-thinning medications. People who have the WATCHMAN™ device don't need to receive regular blood tests or avoid certain foods the way that they do when they are taking blood thinners.<sup>1</sup> My wife recently received this device. The bill was over \$72,000 of which we only owed \$250.

Every born-again believer has a Watchman protecting their heart. This is not the new physical one, but a God-given one called the Holy Spirit. "And when he (Holy Spirit) is come, he will reprove the world of sin, and of righteousness, and of judgment" John 16:8 I remember the time when mine really worked.

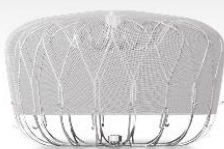
I was on a business trip. A female worker invited me into her room to fix the alarm clock. When I got there, I found a bottle of wine with two glasses and her underwear was laid out. I thought for a second: "No one will know." But then the alarm went off. Not the clock but the Holy Spirit said "Warning. Warning." I ran as fast as I could out of the room. My heart was pounding in fear.

There is a difference between the physical WATCHMAN™ and God's Watchman. The physical one destroys the danger. You do not have to do anything. God's Watchman (Holy Spirit) only warns you of the danger. You have a freewill. You must choose what to do.

When I was a child, there was a TV show called "Lost in Space". The family Robinson were lost in outer space. When there was danger, their robot would wave his arms and say "Warning, Warning, Will Robinson." Well, Will and Dr Smith would always ignore the warning and would get in trouble.

There are times when we are in situations that are tempting. The Holy Spirit gives us a warning alarm. But like Will, our will may choose to ignore the warnings. Then the Holy Spirit convicts us. We know it is wrong, but we come up with ways to justify it, hide it and even continue in it. Soon we grieve the Holy Spirit and then comes the judgement. "But if ye will not do so, behold, ye have sinned against the LORD: and be sure your sin will find you out." Num 32:23 "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." Gal 6:7

For those who are Pastors, Gospel Singers, Leaders in the Church, and all those who are born again listen: to your Watchman. If you do not, it will not only affect your heart, but those of your family's, friends', and fellow believers. Only through Christ you can prevent heart issues.



**WATCHMAN FLX**  
LEFT ATRIAL APPENDAGE CLOSURE DEVICE

*Charles L Stambaugh Mt Wolf, PA*

*"And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus." Phil 4:7*

*"And grieve not the Holy Spirit of God, whereby ye are sealed unto the day of redemption." Eph 4:30*



God's Watchman

<sup>1</sup>[penmedicine.org/for-patients-and-visitors/find-a-program-or-service/heart-and-vascular/cardiac-arrhythmia/treatments-and-procedures/watchman-device](https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/heart-and-vascular/cardiac-arrhythmia/treatments-and-procedures/watchman-device).

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