



# NEW HEART BEAT DEVOTIONS

## Fear of Flying

*I know several people that are aviophobia or afraid of flying. My wife was one of them. I remember one vacation we planned to fly to Florida. Before we boarded, she took medication to keep calm. When we got to our plane seats, she turned white as a ghost. All during the flight, I held her hand and assured her that everything was under control. With every “what if ..”, I responded: “I do not understand how the plane works nor do I handle the controls. I just believe.” During her most recent flight, I was not along, but the friend who traveled with her said that she finally started to trust the plane and had faith in the pilot. In fact, she enjoyed the flight.*

*We may become fearful when the Lord changes our course. It may be due to a loss of a job, a death, an accident, physical problem, or even a new opportunity. We may step on the brakes or even try to take control. We may worry all about the “what if...” that will never happen. Just like with flying: we must trust, obey and then enjoy the ride that the Lord has planned for us.*

*“Trust in the Lord with all thine heart,  
and lean not unto thine own understanding.  
In all thy ways acknowledge Him  
and He shall direct your paths.” Prov. 3:5, 6*

*Charles L. Stambaugh*

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