



# NEW HEART BEAT DEVOTIONS

“When you fall, plan to spring back and be a winner for more than just a summer.”

## Afraid of Falling

*When I was an early teen, I had a bicycle with a banana seat and chopper handle bars. It was cool. I remember, I added a baseball card with a clothespin to the spokes to make a loud clicking noise. We lived at the bottom of a hill and my friend Craig lived at the top. One day, I came flying down that hill and lost control. My bike flipped over and I went flying through the handle bars. I hit the road really hard. I had cuts and bruises everywhere. But, the only thing I broke were my two front teeth. The dentist put caps on them and to this day those caps remind me of that fall. However, it did not stop me from riding again and nor was it my last fall.*

*My boys had bikes when they were young and they had their share of falls. The oldest now an adult has an expensive bike and still rides. Just last year, we gave away the training wheel bikes that our granddaughters had used. We haven't yet to purchase the next level bikes for them. I do not think we will. You see the oldest, now a teenager, is afraid of falling.*

*This is one of my favorite passages: “But the ship was now in the midst of the sea, tossed with waves: for the wind was contrary. And in the fourth watch of the night Jesus went unto them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, It is a spirit; and they cried out for fear. But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid. And Peter answered Him and said, Lord, if it be thou, bid me come unto thee on the water. And He said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me. And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?” Matt 14:24-31*

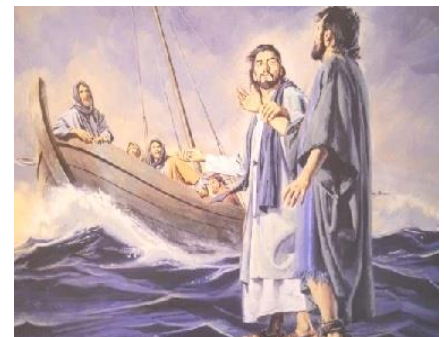
*Do you have this strong desire in your soul to do something for the Lord? Do you know that He is calling you to take a step of faith out of your boat of safety? However, you are unwilling or reluctant to do something for fear of the consequences. The fear maybe caused by a past experience, lack of self-esteem, lack of preparation, or a current situation, but it all comes down to lack of faith and trust.*

*“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.” Prov 3:5,6 “Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, He it is that doth go with thee; He will not fail thee, nor forsake thee.” Deut 31:6*



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*Look what you are missing if you are afraid of falling.*



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